1.

20 pts. An example of a Growth Mindset is:

A. Sally is angry that she failed her math test. She decided that she is bad at math and always will be.

B. Johnny wants to join the soccer team but believes he isn't cut out for sports.

C. Cynthia is determined to win her gymnastics competition. She practices an hour each day to work on a difficult performance on the springboard.

D. Bill told his friend Paul that people are born smart or not smart.

2.

20 pts. An example of a Growth Mindset is:

A. Milton believes only lucky people are successful.

B. Homer doesn't think he can play sports because he is too short.

C. Gabriel knows that if he works hard and keep learning new information he will acheive his goals.

D. Linda only wants to solve problems that are easy so she won't feel inadequate to her friends.

3.

20 pts. An example of a Growth Mindset is:

A. PJ decided he was going to train everyday so that he can get stronger. He knows if he puts the effort into it he can do it.

B. Dawn decided that it was easier to quit the team because she wasn't good enough.

C. Sally wants to act in the play but is afraid people would not like her performance.

D. Renee is content to just do the minimum at her job. She doesn't know why she wasn't promoted.

4.

20 pts. An example of a Growth Mindset is:

A. Someone who is jealous of everyone.

B. Someone who knows that their brain is malleable and if they work on a task they can accomplish it.

C. Someone who is afraid of new things.

D. Someone who does not know that their brain is malleable and if they work on a task they can accomplish it.