

Self-Rating Scale for Self-Directedness in Learning (Williamson)

This scale is comprised of 5 parts that include 12 questions each. For each question enter your response in the column labeled "Score". The response key is 5 = always, 4 = often, 3 = Sometimes, 2 = Seldom, 1 = Never. Once you have completed the survey, your score will be calculated automatically.

1 Awareness

	Score
1.1 I identify my own learning needs.	
1.2 I am able to select the best methods for my own learning	
1.3 I consider teachers as facilitators of learning rather than providing information only.	
1.4 I keep up to date on different learning resources available.	
1.5 I am responsible for my own learning.	
1.6 I am responsible for identifying my areas of deficit.	
1.7 I am able to maintain self-motivation.	
1.8 I am able to plan and set my learning goals.	
1.9 I have a break during long periods of work.	
1.10 I need to keep my learning routine separate from my other commitments.	
1.11 I relate my experience with new information.	
1.12 I feel that I am learning despite not being instructed by a lecturer.	

2 Learning Strategies

2.1 I participate in group discussions	
2.2 I find peer coaching effective	
2.3 I find role-play is a useful method for complex learning	
2.4 I find interactive teaching learning sessions more effective than just listening to lectures	
2.5 I find simulation in teaching-learning useful	
2.6 I find learning from case studies useful	
2.7 My inner drive directs me towards further development and improvement in my learning	
2.8 I regard problems as challenges	
2.9 I arrange my self-learning routine in such a way that it helps develop a permanent learning culture in my life	
2.10 I find concept mapping is an effective method of learning	
2.11 I find modern educational interactive technology enhances my learning process	
2.12 I am able to decide my own learning strategy.	

3 Learning Activities

3.1 I rehearse and revise new lessons	
3.2 I identify the important points when reading a chapter or an article	
3.3 I use correct mapping/outlining as a useful method of comprehending a wide range of information	
3.4 I am able to use information technology effectively	
3.5 My concentration intensifies and I become more attentive when I read a complex study content	
3.6 I keep annotated notes or a summary of all my ideas, reflections, and new learning	
3.7 I enjoy exploring information beyond the prescribed course objectives	
3.8 I am able to relate knowledge with practice	
3.9 I raise relevant question(s) in teaching-learning sessions	
3.10 I am able to analyze and critically reflect on new ideas, information, or any learning experience	
3.11 I keep an open mind to others' point of view	
3.12 I prefer to take a break in between any learning task.	

