



### **True Grit**

*Follow these simple steps to live a gritty driven life.*

You can apply this to any aspect of your life. Start by picturing your goal at the top of the ladder. Imagine that each rung on the ladder is one step you have to reach to get closer to your goal. Some people may climb each rung faster or slower than you. That's totally okay. What's important is that you must be tenacious, just don't give up.

You may not accomplish every goal you set -- no one does -- but what really matters is having goals and going after them wholeheartedly.

Les Brown