Step 2: Enter Patient Information

Enter the name and other important information in the top row for the person who will use the pill card. If you are making a card for your mother, you might just want to put her name and her doctor's or pharmacist's phone number. If you are making cards for several patients in a clinic, you might want to include their name, address, phone number, medical record number, and the name and phone number of the clinic distributing the cards, or the doctor or pharmacist's name and phone number. **Be certain to include the date that you created or updated the card.**

Step 3: Fill in Medicine Information

Fill in information about each medicine. Enter the name of each medicine and the amount of medicine in each pill (e.g., 20 mg) in the left hand column. Each row should have one medicine. In the second column, titled "Used For," enter the condition that the medicine is used for (e.g., cholesterol). It's OK to use non-medical words like "sugar," if that is how the medicine is known. In the third column enter simple instructions for each medicine—how much to take and when to take it. We will fill this in on Sarah's card for her medicines, simvastatin, furosemide, and insulin. You should include the brand name for each medicine in addition to the generic name.

Steps 2-3:

Name: Sarah Smith **Date Created: 12/15/07**
Pharmacy phone number: 123-456-7890

Name	Used For	Instructions	Morning 	Afternoon 	Evening 	Night 
Simvastatin 20mg	Cholesterol	Take 1 pill at night				
Furosemide 20mg	Fluid	Take 2 pills in the morning and 2 pills in the evening				
Insulin 70/30	Diabetes (Sugar) 	Inject 24 units before breakfast and 12 units before dinner				